Towards an Active Black Country

Case Study

Theme – Health

Glynne Primary School, Dudley

The school are committed to development of the whole child and ensure that a range of after school activities ensure a wealth of opportunities. There are excellent outdoor and indoor facilities.

Some actions initiated by the school include:

- Subject Leader [with TLR] has responsibility for a wide range of provision within and beyond the curriculum and has completed a self-review of physical education, physical activity and school sport and an action plan for the Primary PE and Sport Premium spend
- Changes have been made to the school timetable to incorporate opportunities for moderate to vigorous physical activity through programmes such Active Maths intervention, Cyber Coach and Daily Mile and staff have undertaken CPD
- PE lessons are timetabled twice a week to provide 120 minutes and there are a wide range of sports and activities provided at lunchtimes and after school
- The school has a robust system for recruiting, supporting and monitoring external providers.
- Pupil's activity levels are monitored termly and the pupils Sporting Journals provide an incentive to achieve credits as part of the school reward system
- Playground buddies, Albion ambassadors and Sports Leaders systems and programmes have been introduced for different year groups and for a range of purposes
- Healthy Tuck available at break time; Fruit given free to KS1 at break time and range of a balanced diet available at lunchtimes.

For further details visit: www.activeblackcountry.co.uk

The impact:

- 71% of children from Years 1-6 participate in an afterschool club.
- Competition is now organised for A,B and C teams due to increased numbers wanting to represent the school
- 35% of children in Years 1-6 have participated in a Level 2 competition.
- 12 children took part in swimming intervention and 83 % achieved their 25m requirement
- A specific competition for SEND pupils is now held each half term

Challenges included:

- Working in partnership [data information could be better shared to ensure targeted provision and referrals where appropriate]
- Using digital based weight management support for children and families
- Reluctance of some staff and supervisors to engage on a regular basis.

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Our commitment to school sport and PE forms part of our whole school ethos in developing the whole child with a focus on health and well being, an active body and an active mind Head Teacher

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